



**Press Release**

**FOR IMMEDIATE RELEASE**

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**ALPERT JEWISH FAMILY SERVICE OFFERS “COPING WITH OUR NEW REALITY: SOCIAL DISTANCING WITHOUT ISOLATION” EXCLUSIVE ONLINE PRESENTATIONS FOR COMMUNITY, NON-PROFIT AND RELIGIOUS ORGANIZATIONS**

**WEST PALM BEACH, FL – July 15, 2020** – Ferd & Gladys Alpert Jewish Family Service (Alpert JFS) has been bringing community members together to share strategies, stay safe, and feel more empowered and connected during the COVID-19 pandemic in a myriad of virtual support groups. One, in particular, “Coping With Our New Reality: Social Distancing Without Isolation”, has become a popular exclusive presentation at non-profit and religious organizations, and residential communities.

The exclusive presentations, facilitated by Licensed Psychologist Iris Kiner, Psy.D. and Alpert JFS Clinical Director Elaine Rotenberg, Ph.D., help participants uncover how to identify coping skills, and learn about available resources and how to connect if you feel “socially disconnected.” Among the organizations that have taken advantage of the program: The Lord’s Place, Junior League of the Palm Beaches, Palm Beach Chamber of Commerce, Temple Bait HaYam in Stuart, and Temple Emanu-El of Palm Beach.

Additional exclusive presentations are scheduled for later this month with groups from Temple Judea, Temple Beth Torah, and the Song Shul, with additional programs next month for an Adult Learning Collaboration of Temple Shaarei Shalom, Temple Torat Emet, Temple Beth Tikvah, and Temple Beth Kodesh, as well as the Lorraine & Jack N. Friedman Commission for Jewish Education (CJE) of the Jewish Federation of Palm Beach County, and Bellaggio residential community.

Alpert JFS has always acknowledged and addressed serious situations surrounding mental health issues. The current health crisis has exacerbated the need for services, and the agency continues to serve the community via virtual technology. Kiner and Rotenberg’s presentation is open to the public as a weekly drop-in discussion group on Mondays at 6:00 p.m. Registration is required; visit [www.AlpertJFS.org/events/coping/](http://www.AlpertJFS.org/events/coping/) to register. A second group for parents follows at 8:00 p.m.

“Our exclusive presentations and weekly virtual support groups help strengthen our community every day, reinforcing established partnerships, and building new ones,” said Alpert JFS CEO Marc D. Hopin. “The workshops are an example of some good that is coming out of the pandemic.”

If you want to schedule an exclusive group presentation of “Coping With Our New Reality: Social Distancing Without Isolation”, contact Director of Volunteer Leadership Belinda Lasky at 914-548-3459 or [Belinda.Lasky@AlpertJFS.org](mailto:Belinda.Lasky@AlpertJFS.org).

Established in 1974, Ferd & Gladys Alpert Jewish Family Service is a nationally accredited service provider for children, adults, seniors, and Holocaust survivors. The non-profit, non-sectarian organization is a trusted leader, with a team of 200 highly skilled professionals delivering high-quality care to community members. Alpert JFS works to ensure the well-being of children and families, independence of older adults, and quality-of-life for individuals with disabilities. For more information, visit [www.AlpertJFS.org](http://www.AlpertJFS.org) or phone 561-684-1991.

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