

Press Release - FOR IMMEDIATE RELEASE

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LEARN HOW ASSISTIVE TECHNOLOGY TOOLS CAN ASSIST PEOPLE WITH A DISABILITY AT A FREE WORKSHOP FROM THE MELVIN J. & CLAIRE LEVINE LIFEPLANNING® PROGRAM ON FEBRUARY 24

WEST PALM BEACH, FL – January 29, 2021 – Ferd & Gladys Alpert Jewish Family Service (Alpert JFS) invites community members to attend a free virtual workshop from the Melvin J. & Claire Levine LifePlanning® program about how assistive technology can facilitate daily life across the lifespan, including school work and home, on February 24, 2021 at 2:00 p.m.

Ana Nevares, of the Florida Alliance for Assistive Services and Technology (FAAST), will be the featured speaker at the Zoom presentation. Participants will learn how assistive technology tools can help people with disabilities improve functional capabilities, which, in turn, can increase their independence.

"We are delighted to have Ms. Nevares share her extensive knowledge of assistive technology (AT) devices and how they can assist persons with disabilities improve function capabilities which, in turn, increase independence," said LifePlanning® Director Tami Lustig, MSW."

"Sometimes, daily tasks can be difficult to accomplish," said Nevares. "I look forward to highlighting a range of AT tools that can facilitate everyday activities, and sharing how our state's AT program, FAAST, can serve as a resource to anyone in the community to try AT for free.

To register for the workshop, part of Jewish Disability Advocacy Month (JDAM) powered by the Jewish Federations of North America (JFNA), visit <u>alpertifs.org/lifeplanning/</u> by Monday February 22, 2021. To request reasonable accommodations for a disability, phone Lustig at 561-713-1917 or email <u>Tami.Lustig@AlpertJFS.org</u> at least five [5] business days prior to the Zoom session. She is also available to answer questions and provide additional information.

A number of relevant LifePlanning® workshops will be featured online this year, with diverse topics ranging from "The Importance of Legal Planning" to "The ABLE Act and Special Needs Trusts"; "Relationships, Boundaries and Online Safety"; "Medicaid Waiver and iBudgets", "Being the Best Advocate for you and Your Family," and "Mental Health First Aid (MHFA)." training.

The Melvin J. & Claire Levine LifePlanning® program offers education, advocacy, confidential consultation, and emotional support to people of all faiths and ethnicities who are caring for a loved one with a disability. Free workshops encourage and assist with planning for the future, providing information on education, recreation, building independence skills and vocational opportunities.

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Throughout the month of February, JDAM is bringing together participants from diverse communities across North America to break down barriers to opportunity and inclusion, and help advance policy that empowers individuals with disabilities to achieve maximum independence. Thought leaders and experts are sharing the current state of disability rights, and best practices for promoting inclusion and supportive care packages.

Established in 1974, Ferd & Gladys Alpert Jewish Family Service is a nationally accredited service provider for children, adults, seniors, and Holocaust survivors. The non-profit, non-sectarian organization is a trusted leader, with a team of nearly 200 highly skilled professionals delivering high-quality care to community members. Alpert JFS works to ensure the well-being of children and families, independence of older adults and quality-of-life for individuals with disabilities. For more information, visit Alpert JFS.org or phone 561-684-1991.

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