PRESS RELEASE

For Immediate Release

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VOLUNTEERS FROM ALPERT JFS AND THE KIND KITCHEN DELIVER MEALS FOR A HOLIDAY SHABBAT

WEST PALM BEACH, FL – February 1, 2021 – Volunteers from Ferd & Gladys Alpert Jewish Family Service (Alpert JFS) and The Kind Kitchen of Palm Beach (Kind Kitchen) joined forces to deliver hundreds of meals throughout Palm Beach County for the Tu B'Shevat (Jewish New Year of Trees) holiday on Thursday, January 28, 2021. They donned masks and gloves, and practiced social distancing, safely delivering the food.

The menu included challah rolls, gefilte fish, salad, fruit platter, chicken with white rice and rainbow carrots, and a freshly baked cake. The 78 meals that reached clients of Alpert JFS' Holocaust Survivors Assistance program was funded through KAVOD, an organization which partners with Jewish family services and other organizations that work with survivors, providing assistance with whatever emergency or day-to-day needs that they have.

"Tu B'Shevat is celebrated with the eating of fruit: grapes, figs, pomegranates, olives and dates," said Chana Ezagui of The Kind Kitchen of Palm Beach. "The significance of this food is reflected in the menu. I liken fruit to good deeds; a way to nourish the world."

"On Tu B'Shevat, we honor the strength and reliability of trees and how they serve our community," said Belinda Lasky, Alpert JFS' Director of Volunteer Leadership. "Similarly, our volunteers demonstrate their strength and reliability as they deliver meals and connect with client to help them celebrate special occasions."

"We are so pleased to be able to continue to provide meals from Kind Kitchen to our Holocaust survivors," said Jennifer Escobar, Director of Long Term Care at Alpert JFS. "They look forward to meal deliveries coordinated with holidays throughout the year, making Shabbat dinners particularly meaningful."

The Kind Kitchen of Palm Beach is located at 844 Prosperity Farms Road in North Palm Beach. The 501(c)(3) organization, dedicated to doing kindness, provides weekly kosher meals to those in need, from the elderly to single mothers, and people with terminal illness. Menus rotate each week so established clients have variety.

The mission of KAVOD is to provide emergency relief to Holocaust survivors in need, helping them live the remainder of their lives in comfort and with dignity. One hundred percent of all donations by KAVOD go to Survivors.

The Alpert JFS Holocaust Survivors Assistance Program has seven full-time employees working to preserve the dignity of Holocaust survivors, identifying and addressing their distinct social welfare, health care, and emotional needs with the utmost sensitivity. The team helps them navigate the Reparations Benefit Process, and provides monthly, bi-monthly, and annual socialization activities for survivors. The HonoringLife™ program facilitated by Alpert JFS provides cultural competency training for healthcare and legal professionals, as well as others who may encounter Holocaust survivors.

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For more information about Alpert JFS' Holocaust Survivors Assistance Program, visit www.AlpertJFS.org/for-seniors-holocaust-survivors-assistance/.

Established in 1974, Ferd & Gladys Alpert Jewish Family Service (Alpert JFS) is a nationally accredited service provider for children, adults, seniors, and Holocaust survivors. The non-profit, non-sectarian organization is a trusted leader, with a team of nearly 200 highly skilled professionals delivering high-quality care to community members. Alpert JFS works to ensure the well-being of children and families, independence of older adults, and quality of life for individuals with disabilities. For more information, visit www.AlpertJFS.org/ or phone 561-684-1991.

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