



Relationships & Decisions

Teen Trainer Application

Please email completed application to: Tamika.rawleigh@alpertjfs.org

Name _____ Phone _____

Address _____

E-mail _____ School _____

Grade _____ Temple/Synagogue (if applicable) _____

I would like to become a Relationships & Decisions Teen Trainer because:

This program is important because:

I believe my personal strengths that will make me a successful trainer are:

The things I am most involved with that take up most of my time are: _____

I feel that I can commit to one year of participation with the program: Yes No

Signature

Date

For program use:

Initial contact date _____ Interview date _____ Teen Accepted _____



Relationships & Decisions: Bringing an End to Dating Abuse & Bullying



AJFS RELATIONSHIPS & DECISIONS Peer to Peer Teen Fellowship Dating Abuse and Bullying Prevention Program

FACT: 1 in 3 teens will be in an unhealthy relationship

FACT: Only 1 in 25 abused teens will ever seek help from a counselor, teacher, parent, clergy, or law enforcement...but most will turn to **their friends** for help

FACT: Teens who experience cyberbullying are at a high risk for suicide

HELP US PREVENT BULLYING & ABUSE!

Who we are:

Relationships and Decisions Teen Fellows are Jewish high school teens who teach middle school and high school teens about healthy relationships and bullying prevention through interactive presentations and our program website. The Relationships and Decisions program is very well known and respected in our community!

Why become a Fellow?

- Develop strong leadership skills
- Work with other Jewish teen leaders
- Earn community service hours and college recommendations
- Make a difference in the lives of others!

Contact:

For more information, to schedule a workshop or apply to be a teen Fellow, please contact

Tamika Rawleigh Domestic Abuse Program Director at AJFS
561-713-1976 or Tamika.rawleigh@alpertjfs.org

Teen Dating Survey

Relationship Questions:

1. My boyfriend/girlfriend likes spending a lot of time together, and gets upset if I talk to other guys/girls. Isn't jealousy and possessiveness just part of being in love?
2. Can a guy be abused by his girlfriend? If so, isn't he just a big wimp?
3. My boyfriend/girlfriend tells me I am just overreacting when I tell him/her to stop making fun of me. Am I just being too sensitive?
4. Sometimes when my boyfriend isn't in the room, I check his cell phone to make sure he's not texting other girls....is this okay? Billie and Stephe
5. I hardly see my friend any more because she spends all her time with her boyfriend. What should I do?
6. During an argument, my boyfriend punched a hole in his bedroom wall. Should I be worried? Is this abuse?
7. It seems like my relationship is either going really badly, or going really well...why is my boyfriend/girlfriend sometimes really nice, and other times, really mean?
8. Isn't arguing just part of being in a relationship?
9. My girlfriend doesn't like that I am so into photography. She says that since we're a couple now, we should only be doing things we both like to do so that we can spend more time together. Is she right?
10. My boyfriend tells me that since I won't have sex with him, he should be able to fool around with other girls while we're together. Is he right? My girlfriend calls me a 'prude' and jokes that I must be gay because I'm not ready for sex yet....why does she do that? Am I just being too uptight like she says?
11. My boyfriend is asked me to send him topless pictures of him and promised not to show anyone. Is there any harm in doing this?