



Local Resources

211 PALM BEACH

P.O. Box 3588 Lantana, FL 33465 Call: 2 1 1 Website: <u>www.211palmbeach.org</u> National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

ALPERT JEWISH FAMILY & CHILDREN'S SERVICE (AJFS)

5841 Corporate Way, Suite 200 West Palm Beach, FL 33407 Phone: (561) 684-1991 Website: <u>www.AlpertJFS.org</u> *inside* Temple Shaarei Shalom 9085 Hagen Ranch Road Boynton Beach, FL 33472 Phone: (561) 965-8699

RUTH & NORMAN RALES JEWISH FAMILY SERVICES

21300 Ruth & Baron Coleman Boulevard Boca Raton, Florida 33428 Phone: (561) 852-3333 Website: <u>www.ruthralesjfs.org</u> Weisman Delray Community Center 7091 W. Atlantic Avenue Delray Beach, Florida 33446 Phone: (561) 558-2100

CRISIS INTERVENTION TEAM (CIT)

Call: 9 1 1 and ask for a CIT Officer Teams of trained law enforcement officers are trained to respond effectively to people with mental illnesses that are in crisis.

SOUTH COUNTY MENTAL HEALTH CENTER (SCMHC)

16158-S Military Trail Delray Beach, FL 33484 Phone: (561) 495-0522 Website: <u>www.scmhcinc.org</u> Mobile Crisis Unit: (561) 637-2105

PALM BEACH COUNTY BEHAVIORAL HEALTH COALITION

2300 High Ridge Road, Ste. 365 Boynton Beach, FL 33426 Phone: (561) 374-7427 Website: <u>https://pbcbhc.org/</u> Office: (561) 374-7627

MENTAL HEALTH ASSOCIATION (MHA) OF PALM BEACH COUNTY

909 Fern Street West Palm Beach Florida, 33401 Phone: (561) 832-3755 Website: <u>www.mhapbc.org</u>

Mental Health Association works with community partners to prevent mental health disorders and to improve understanding about issues related to mental health and well-being. Through advocacy, education, and outreach, MHA seeks to improve access to mental health services. **Mental Health Learning and Resource Center** <u>www.mhapbc.org/ResourceCenter</u>

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) OF PALM BEACH COUNTY

1520 10th Ave., North, Suite D Lake Worth, FL 33460

Phone: (561) 588-3477

Website: www.namipbc.org

The National Alliance on Mental Illness of Palm Beach County provides free educational programs, support groups, informational/referral, and advocates for individuals living with mental illness and their families with the goal to empower individuals and their families, and to eliminate the stigma associated with brain illness.

NAMI Information HelpLine, an information and referral service (561) 588-3477 Open Monday through Friday, 9am to 5pm