



Press Release

FOR IMMEDIATE RELEASE

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**FERD & GLADYS ALPERT JEWISH FAMILY SERVICE CELEBRATES THE
POWER OF VOLUNTEERS, HONORING THEIR DEDICATION AND CONTRIBUTIONS**

WEST PALM BEACH, FL – September 16, 2020 –Ferd & Gladys Alpert Jewish Family Service (Alpert JFS) honored more than 60 volunteers, for the time and energy they’ve contributed to help make an impact on our community and transform lives, during a Zoom Volunteer Appreciation recently. Alpert CEO Marc Hopin, Alpert JFS Clinical Director Elaine Rotenberg, Ph. D., and Alpert JFS and Melvin J. & Claire Levine Jewish Residential & Family Service (Levine JRFS) President & Board Chair Zelda Mason addressed the group, kicking off the festivities.

Guided by Alpert JFS staff member hosts, attendees participated in a series of games, including icebreakers, fun polls, and a scavenger hunt. A thank you package was mailed to the participants ahead of the event, which added to their enjoyment.

“Volunteers are the heart and soul of what makes things happen,” said Mason. “On behalf of the Board of Directors, thank you for your dedication, time and caring. We are very grateful.”

“We couldn’t be more proud to carry on the tradition of recognizing and thanking the volunteers who lend their time, talent, voice and support on behalf of others,” said Alpert JFS Director of Volunteer Leadership Belinda Lasky. “The work these men and women do to improve quality of life and produce feelings of worth and self-respect is inspiring!”

Scientific studies have shown that volunteering benefits those who give, as well as recipients of the assistance. Leading a life that reflects their values, volunteers enjoy psychological and physical advantages, including an improved sense of belonging, increased satisfaction, as well as increased protection from cognitive disorders, lower blood pressure, and longer life.

There are myriad opportunities available to volunteer through Alpert JFS, with the chance to work with children, teens, adults, and people with disabilities. Assistance at fundraising events and educational outreach programs is welcome, too. Visit www.alpertjfs.org/volunteer to learn more, or contact Belinda Lasky at 561-684-1991.

Established in 1974, Ferd & Gladys Alpert Jewish Family Service (Alpert JFS), is a nationally accredited service provider for children, adults, seniors, and Holocaust survivors. The non-profit, non-sectarian organization is a trusted leader, with a team of nearly 200 highly skilled professionals delivering high-quality care to community members. Alpert JFS works to ensure the well-being of children and families, independence of older adults, and quality of life for individuals with disabilities. For more information, visit www.AlpertJFS.org or phone 561-684-1991.

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