



**Press Release - FOR IMMEDIATE RELEASE**

**Contact:** Nina Glaser, Communications Coordinator  
**Phone:** 561-909-7014 (cell)  
**Email:** [Nina.Glaser@AlpertJFS.org](mailto:Nina.Glaser@AlpertJFS.org)

**FREE VIRTUAL WORKSHOP ON THE IMPORTANCE OF LEGAL PLANNING FROM THE  
MELVIN J. & CLAIRE LEVINE LIFEPLANNING® PROGRAM TO BE HELD ON WEDNESDAY, MARCH 31**

**WEST PALM BEACH, FL – March 2, 2021** – Ferd & Gladys Alpert Jewish Family Service (Alpert JFS) invites community members to attend “The Importance of Legal Planning,” a free virtual workshop from the Melvin J. & Claire Levine LifePlanning® program on March 31, 2021 at 2:00 p.m.

Mitchell I. Kitroser, Esq., of Kitroser & Associates Attorneys at Law, will be the featured speaker. Topics will include special needs trusts, pooled trusts, guardianship, advance directives (Power of Attorney, and Health Care surrogate), and The ABLE Act.

“Caring for a loved one with a disability can be so all-consuming in-the-moment that people often put off talking about the future,” said Director of LifePlanning® Tami Lustig, MSW. “Having a well-thought-out plan in place is very important when the time comes, and is one less thing to be concerned about.

“The use of trusts and incorporation of benefits as part of your overall plan should be part of your strategy,” said Kitroser. “Join us to learn about the legal aspects from my presentation.’

To register for the workshop, visit [alpertsjfs.org/lifeplanning/](http://alpertsjfs.org/lifeplanning/) by Monday, March 29, 2021. To request reasonable accommodations for a disability, phone Lustig at 561-713-1917 or email [Tami.Lustig@AlpertJFS.org](mailto:Tami.Lustig@AlpertJFS.org) at least five [5] business days prior to the Zoom session. She is also available to answer questions and provide additional information.

A number of relevant workshops with diverse subjects are scheduled each year, from “The ABLE Act and Special Needs Trusts” to “Relationships, Boundaries and Online Safety”; “Medicaid Waiver and iBudgets”, “Being the Best Advocate for you and Your Family,” and “Mental Health First Aid (MHFA)” training. Topics in January and February were Social Security Disability Insurance (SSDI) and Social Security Insurance, and Assistive Technology Tools, respectively.

The Melvin J. & Claire Levine LifePlanning® program offers education, advocacy, confidential consultation, and emotional support to people of all faiths and ethnicities who are caring for a loved one with a disability. Free workshops encourage and assist with planning for the future, providing information on education, recreation, building independence skills and vocational opportunities.

Established in 1974, Ferd & Gladys Alpert Jewish Family Service is a nationally accredited service provider for children, adults, seniors, and Holocaust survivors. The non-profit, non-sectarian organization is a trusted leader, with a team of nearly 200 highly skilled professionals delivering high-quality care to community members. Alpert JFS works to ensure the well-being of children and families, independence of older adults and quality-of-life for individuals with disabilities. For more information, visit [AlpertJFS.org](http://AlpertJFS.org) or phone 561-684-1991.

###

