



Women in High Conflict Relationships

*You are not alone.
We are here for you.*

This support group
will help you:

- *Learn about abuse, power/control, and how to identify unhealthy relationships*
- *Learn about the characteristics of an abuser and red flags*
- *Set boundaries, increase self-esteem, and practice self-care*

*This ongoing online support group
will meet every week.*

Free of charge

Thursdays @ 5:30 p.m.

Location: Online via Zoom

10-week commitment is required

To register, please call:

561-684-1991